



9. Schlänger Pflasterlauf

Schlangen / 28.06.2009

Detailed evaluation

Rattlesnakes

Club: Rattlesnakes

Number: 141

Course: 15.60 km

Erwachsenenstaffel

Category:

Erwachsenenstaffel

Total time: 1:07:56

Speed: 13.25 km/h

Running performance: 4:21 min/km

Rank in course: 8 (of 13)

Best time in course: 1:00:27

Rank in category: 8(of 13)

Best time in the category: 1:00:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Lap 1	1.56	5:33	3:33	2	0:16	2	0:16	1.56	5:33	3:33	8	0:16	8	0:16	
Lap 2	1.56	5:42	3:39	2	0:19	2	0:19	3.12	11:15	3:36	8	0:35	8	0:35	
Lap 3	1.56	6:47	4:20	10	1:10	10	1:10	4.68	18:02	3:51	8	1:37	8	1:37	
Lap 4	1.56	7:13	4:37	11	1:43	11	1:43	6.24	25:15	4:02	8	2:00	8	2:00	
Lap 5	1.56	6:09	3:56	3	0:36	3	0:36	7.80	31:24	4:01	8	2:36	8	2:36	
Lap 6	1.56	5:53	3:46	1	-	1	-	9.36	37:17	3:58	8	2:09	8	2:09	
Lap 7	1.56	8:03	5:09	11	2:34	11	2:34	10.92	45:20	4:09	8	4:00	8	4:00	
Lap 8	1.56	8:03	5:09	12	2:16	12	2:16	12.48	53:23	4:16	8	5:31	8	5:31	
Lap 9	1.56	5:53	3:46	3	0:27	3	0:27	14.04	59:16	4:13	7	5:58	7	5:58	
Last lap Finish	1.56	8:40	5:33	11	2:47	11	2:47	15.60	1:07:56	4:21	8	7:29	8	7:29	