



9. Schlänger Pflasterlauf

Schlangen / 28.06.2009

Detailed evaluation

Nicolibri Buchhandlung

Club: Nicolibri Buchhandlung

Number: 102

Course: 15.60 km

Erwachsenenstaffel

Category:

Erwachsenenstaffel

Total time: 1:08:09

Speed: 13.21 km/h

Running performance: 4:22 min/km

Rank in course: 9 (of 13)

Best time in course: 1:00:27

Rank in category: 9(of 13)

Best time in the category: 1:00:27

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Total		
	km	Time			min/km	Cat.		Cat.	Total			Total	km	Time
Lap 1	1.56	6:29	4:09	10	1:12	10	1:12	1.56	6:29	4:09	9	1:12	9	1:12
Lap 2	1.56	6:38	4:15	7	1:15	7	1:15	3.12	13:07	4:12	9	2:27	9	2:27
Lap 3	1.56	6:38	4:15	8	1:01	8	1:01	4.68	19:45	4:13	9	3:20	9	3:20
Lap 4	1.56	7:10	4:35	10	1:40	10	1:40	6.24	26:55	4:18	9	3:40	9	3:40
Lap 5	1.56	6:28	4:08	6	0:55	6	0:55	7.80	33:23	4:16	9	4:35	9	4:35
Lap 6	1.56	6:53	4:24	9	1:00	9	1:00	9.36	40:16	4:18	9	5:08	9	5:08
Lap 7	1.56	6:52	4:24	8	1:23	8	1:23	10.92	47:08	4:18	9	5:48	9	5:48
Lap 8	1.56	7:41	4:55	10	1:54	10	1:54	12.48	54:49	4:23	9	6:57	9	6:57
Lap 9	1.56	6:36	4:13	7	1:10	7	1:10	14.04	1:01:25	4:22	8	8:07	8	8:07
Last lap Finish	1.56	6:44	4:18	5	0:51	5	0:51	15.60	1:08:09	4:22	9	7:42	9	7:42