



9. Schlänger Pflasterlauf

Schlangen / 28.06.2009

Detailed evaluation

FSV Schlangen-Oesterholz

Club: FSV Schlangen-Oesterholz

Number: 145

Course: 9.36 km

Schülerstaffel ab 5. Klasse

Category:

Schülerstaffel ab 5. Klasse

Total time: 42:32

Speed: 12.70 km/h

Running performance: 4:32 min/km

Rank in course: 6 (of 16)

Best time in course: 37:10

Rank in category: 6(of 16)

Best time in the category: 37:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Lap 1	1.56	7:51	5:01	13	1:53	13	1:53	1.56	7:51	5:01	6	1:39	6	1:39	
Lap 2	1.56	7:07	4:33	9	0:56	9	0:56	3.12	14:58	4:47	6	2:24	6	2:24	
Lap 3	1.56	6:41	4:17	3	0:30	3	0:30	4.68	21:39	4:37	6	2:54	6	2:54	
Lap 4	1.56	6:40	4:16	5	0:37	5	0:37	6.24	28:19	4:32	6	3:31	6	3:31	
Lap 5	1.56	7:11	4:36	6	0:59	6	0:59	7.80	35:30	4:33	6	4:27	6	4:27	
Last lap Finish	1.56	7:02	4:30	7	1:09	7	1:09	9.36	42:32	4:32	6	5:22	6	5:22	