



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

LG Obersulm

Number: 423

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 9:30:00

Speed: 10.53 km/h

Running performance: 5:42 min/km

Rank in course: 18 (of 31)

Best time in course: 6:41:03

Rank in category: 16(of 24)

Best time in the category: 6:41:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Total	Behind Total
								km	Time	min/km	Pos	Behind	Pos				
Ruhlaer Skihütte	23.96	2:13:05	5:33	12	36:28	14	36:28	23.96	2:13:05	5:33	10	4:21	15				
Floh-Seligenthal	26.92	2:28:54	5:31	17	44:15	20	44:15	50.88	4:41:59	5:32	10	10:41	15	3:33			
Finsterbergen	24.12	2:30:14	6:13	21	50:26	26	50:26	75.00	7:12:13	5:45	10	40:18	15	20:24			
Fröttstädt	24.83	2:17:47	5:32	13	37:48	16	37:48	100.00	9:30:00	5:42	16	2:48:57	18	2:48:57			