



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

LG Neuhütten : Team 1

Number: 414

Course: 100.00 km

Staffel 4x25 km

Category:

Frauenstaffel

Total time: 9:46:08

Speed: 10.24 km/h

Running performance: 5:52 min/km

Rank in course: 22 (of 31)

Best time in course: 6:41:03

Rank in category: 2(of 2)

Best time in the category: 9:31:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:41:26	6:44	2	16:28	29	1:04:49	23.96	2:41:26	6:44	2	16:28	11	20:04
Floh-Seligenthal	26.92	2:40:24	5:57	2	26:19	25	55:45	50.88	5:21:50	6:19	2	42:47	11	43:24
Finsterbergen	24.12	2:15:03	5:35	1	-	18	35:15	75.00	7:36:53	6:05	2	31:44	11	45:04
Fröttstädt	24.83	2:09:15	5:12	1	-	11	29:16	100.00	9:46:08	5:51	2	14:13	22	3:05:05