



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Minimax Runners

Number: 405

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 10:06:00

Speed: 9.90 km/h

Running performance: 6:04 min/km

Rank in course: 25 (of 31)

Best time in course: 6:41:03

Rank in category: 20(of 24)

Best time in the category: 6:41:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:20:08	5:50	16	43:31	18	43:31	23.96	2:20:08	5:50	6	11:24	8	
Floh-Seligenthal	26.92	2:35:51	5:47	19	51:12	22	51:12	50.88	4:55:59	5:49	6	24:41	8	17:33
Finsterbergen	24.12	2:13:32	5:32	16	33:44	17	33:44	75.00	7:09:31	5:43	6	37:36	8	17:42
Fröttstädt	24.83	2:56:29	7:06	23	1:16:30	30	1:16:30	100.00	10:06:00	6:03	20	3:24:57	25	3:24:57