



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

Der flotte Vierer

Number: 410

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 7:56:39

Speed: 12.59 km/h

Running performance: 4:46 min/km

Rank in course: 6 (of 31)

Best time in course: 6:41:03

Rank in category: 6(of 24)

Best time in the category: 6:41:03

Intermediate times

Stage score

Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind | Pos   | Behind | Total  | Total   | Total  | Pos  | Behind  | Pos   | Behind  |
|------------------|-------|---------|--------|------|--------|-------|--------|--------|---------|--------|------|---------|-------|---------|
|                  | km    | Time    | min/km | Cat. | Cat.   | Total | Total  | km     | Time    | min/km | Cat. | Cat.    | Total | Total   |
| Ruhlaer Skihütte | 23.96 | 2:07:57 | 5:20   | 10   | 31:20  | 11    | 31:20  | 23.96  | 2:07:57 | 5:20   | 20   |         | 27    |         |
| Floh-Seligenthal | 26.92 | 1:55:33 | 4:17   | 3    | 10:54  | 3     | 10:54  | 50.88  | 4:03:30 | 4:47   | 20   |         | 27    |         |
| Finsterbergen    | 24.12 | 1:51:24 | 4:37   | 4    | 11:36  | 5     | 11:36  | 75.00  | 5:54:54 | 4:43   | 20   |         | 27    |         |
| Fröttstädt       | 24.83 | 2:01:45 | 4:54   | 9    | 21:46  | 9     | 21:46  | 100.00 | 7:56:39 | 4:45   | 6    | 1:15:36 | 6     | 1:15:36 |