



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

LG Neuhütten Team 2

Number: 415

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:31:19

Speed: 11.73 km/h

Running performance: 5:07 min/km

Rank in course: 9 (of 31)

Best time in course: 6:41:03

Rank in category: 9(of 24)

Best time in the category: 6:41:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	1:44:11	4:20	3	7:34	3	7:34	23.96	1:44:11	4:20	17			24
Floh-Seligenthal	26.92	2:35:25	5:46	18	50:46	21	50:46	50.88	4:19:36	5:06	17			24
Finsterbergen	24.12	2:15:32	5:37	17	35:44	19	35:44	75.00	6:35:08	5:16	17	3:13		24
Fröttstädt	24.83	1:56:11	4:40	3	16:12	3	16:12	100.00	8:31:19	5:06	9	1:50:16	9	1:50:16