



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Schorcht, Gunar

Club: WSV Ilmenau
Number: 29

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 13:02:13

Speed: 7.67 km/h
Running performance: 7:49 min/km

Rank in course/Total: 96 (of 187)

Rank in course/Men: 89 (of 163)

Best time in course: 8:09:36

Rank in category: 26(of 45)

Best time in the category: 8:43:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:42:38	6:47	21	44:05	71	48:01	23.96	2:42:38	6:47	7		96	28:22
Floh-Seligenthal	26.92	3:05:43	6:53	24	51:48	84	1:02:29	50.88	5:48:21	6:50	7		96	22:21
Finsterbergen	24.12	3:22:13	8:23	24	1:10:24	84	1:17:09	75.00	9:10:34	7:20	6		91	3:05:46
Fröttstädt	24.83	3:51:39	9:19	35	1:37:21	118	1:59:54	100.00	13:02:13	7:49	27	4:18:43	93	5:44:28