



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

Keelan, Bettina

Club: LT Bernd Hübner Berlin  
Number: 76

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W50

Total time: 13:05:45

Speed: 7.64 km/h  
Running performance: 7:52 min/km

Rank in course/Total: 98 (of 187)

Rank in course/Women: 8 (of 24)

Best time in course: 10:20:30

Rank in category: 1(of 3)

Best time in the category: 13:05:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ruhlaer Skihütte	23.96	3:06:51	7:47	2	8:26	12	38:52	23.96	3:06:51	7:47	1	-	18
Floh-Seligenthal	26.92	3:17:53	7:21	1	-	12	39:13	50.88	6:24:44	7:33	1	-	18
Finsterbergen	24.12	3:16:53	8:09	1	-	8	44:18	75.00	9:41:37	7:45	1	-	17
Fröttstädt	24.83	3:24:08	8:13	1	-	6	42:52	100.00	13:05:45	7:51	1	-	8 2:45:15