



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Braun, Andreas

Club: LT Bernd Hübner Berlin
Number: 77

Course: 100.00 km
Thüringen Ultra

Category:
Männer M55

Total time: 13:05:45

Speed: 7.64 km/h
Running performance: 7:52 min/km

Rank in course/Total: 99 (of 187)

Rank in course/Men: 91 (of 163)

Best time in course: 8:09:36

Rank in category: 8(of 15)

Best time in the category: 10:31:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ruhlaer Skihütte | 23.96 | 3:06:48 | 7:47 | 12 | 34:36 | 137 | 1:12:11 | 23.96 | 3:06:48 | 7:47 | 8 | 34:36 | 98 | 52:32 |
| Floh-Seligenthal | 26.92 | 3:17:57 | 7:21 | 9 | 30:12 | 115 | 1:14:43 | 50.88 | 6:24:45 | 7:33 | 8 | 1:04:48 | 98 | 58:45 |
| Finsterbergen | 24.12 | 3:16:57 | 8:09 | 6 | 45:12 | 74 | 1:11:53 | 75.00 | 9:41:42 | 7:45 | 8 | 1:50:00 | 93 | 3:36:54 |
| Fröttstädt | 24.83 | 3:24:03 | 8:13 | 5 | 44:37 | 72 | 1:32:18 | 100.00 | 13:05:45 | 7:51 | 8 | 2:34:37 | 95 | 5:48:00 |