



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

Sacher, Grace

Club: TF Feuerbach  
Number: 104

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W55

Total time: 13:26:11

Speed: 7.44 km/h  
Running performance: 8:04 min/km

Rank in course/Total: 117 (of 187)

Rank in course/Women: 12 (of 24)

Best time in course: 10:20:30

Rank in category: 2(of 4)

Best time in the category: 13:09:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	3:13:01	8:03	3	5:06	17	45:02	23.96	3:13:01	8:03	2	5:06	14	5:16
Floh-Seligenthal	26.92	3:32:01	7:52	2	17:17	16	53:21	50.88	6:45:02	7:57	2	22:23	14	13:39
Finsterbergen	24.12	3:24:28	8:28	2	7:53	10	51:53	75.00	10:09:30	8:07	2	30:16	1	-
Fröttstädt	24.83	3:16:41	7:55	1	-	5	35:25	100.00	13:26:11	8:03	2	16:37	12	3:05:41