



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Schmalfuss, Olaf

Club: Team Finish Line
Number: 13

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 13:38:32

Speed: 7.33 km/h
Running performance: 8:11 min/km

Rank in course/Total: 124 (of 187)

Rank in course/Men: 111 (of 163)

Best time in course: 8:09:36

Rank in category: 22(of 29)

Best time in the category: 10:43:56

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:48:36	7:02	15	34:18	86	53:59	23.96	2:48:36	7:02	9	2:02	118	34:20
Floh-Seligenthal	26.92	3:15:42	7:16	18	41:46	107	1:12:28	50.88	6:04:18	7:09	9	10:19	118	38:18
Finsterbergen	24.12	3:30:44	8:44	21	41:04	107	1:25:40	75.00	9:35:02	7:40	9	26:18	113	3:30:14
Fröttstädt	24.83	4:03:30	9:48	22	1:20:40	126	2:11:45	100.00	13:38:32	8:11	22	2:54:36	115	6:20:47