



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Blackwood, Mark

Club: Birmingham
Number: 180

Course: 100.00 km
Thüringen Ultra

Category:
Männer M20

Total time: 13:53:25

Speed: 7.20 km/h
Running performance: 8:20 min/km

Rank in course/Total: 128 (of 187)

Rank in course/Men: 114 (of 163)

Best time in course: 8:09:36

Rank in category: 5(of 8)

Best time in the category: 9:37:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ruhlaer Skihütte | 23.96 | 2:34:14 | 6:26 | 3 | 30:47 | 47 | 39:37 | 23.96 | 2:34:14 | 6:26 | 6 | 19:58 | 121 | 19:58 |
| Floh-Seligenthal | 26.92 | 3:45:00 | 8:21 | 7 | 1:23:47 | 143 | 1:41:46 | 50.88 | 6:19:14 | 7:27 | 6 | 53:14 | 121 | 53:14 |
| Finsterbergen | 24.12 | 3:56:45 | 9:48 | 6 | 1:27:54 | 129 | 1:51:41 | 75.00 | 10:15:59 | 8:12 | 5 | 3:22:28 | 116 | 4:11:11 |
| Fröttstädt | 24.83 | 3:37:26 | 8:45 | 5 | 1:45:41 | 96 | 1:45:41 | 100.00 | 13:53:25 | 8:20 | 6 | 6:35:40 | 118 | 6:35:40 |