



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Würl, Hans

Club: Randringhauser Rennschnecken
Number: 72

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 14:07:14

Speed: 7.08 km/h
Running performance: 8:28 min/km

Rank in course/Total: 135 (of 187)

Rank in course/Men: 121 (of 163)

Best time in course: 8:09:36

Rank in category: 35(of 45)

Best time in the category: 8:43:30

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ruhlaer Skihütte | 23.96 | 3:14:34 | 8:07 | 41 | 1:16:01 | 146 | 1:19:57 | 23.96 | 3:14:34 | 8:07 | 16 | 13:29 | 128 | 1:00:18 |
| Floh-Seligenthal | 26.92 | 3:55:17 | 8:44 | 42 | 1:41:22 | 149 | 1:52:03 | 50.88 | 7:09:51 | 8:26 | 16 | 32:36 | 128 | 1:43:51 |
| Finsterbergen | 24.12 | 3:33:32 | 8:51 | 30 | 1:21:43 | 109 | 1:28:28 | 75.00 | 10:43:23 | 8:34 | 15 | 28:09 | 123 | 4:38:35 |
| Fröttstädt | 24.83 | 3:23:51 | 8:12 | 21 | 1:09:33 | 71 | 1:32:06 | 100.00 | 14:07:14 | 8:28 | 36 | 5:23:44 | 125 | 6:49:29 |