



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Schreier, Torsten

Club: Lauffeuer Fröttstädt
Number: 201

Course: 100.00 km
Thüringen Ultra

Category:
Männer M30

Total time: 14:09:21

Speed: 7.06 km/h
Running performance: 8:29 min/km

Rank in course/Total: 137 (of 187)

Rank in course/Men: 123 (of 163)

Best time in course: 8:09:36

Rank in category: 6(of 8)

Best time in the category: 10:13:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:00:00	7:30	8	1:04:23	119	1:05:23	23.96	3:00:00	7:30	8	1:04:23	130	45:44
Floh-Seligenthal	26.92	3:14:12	7:12	7	1:08:01	102	1:10:58	50.88	6:14:12	7:21	8	2:12:24	130	48:12
Finsterbergen	24.12	4:04:46	10:08	7	1:37:01	133	1:59:42	75.00	10:18:58	8:15	7	2:31:20	125	4:14:10
Fröttstädt	24.83	3:50:23	9:16	4	1:24:25	116	1:58:38	100.00	14:09:21	8:29	7	5:15:37	127	6:51:36