



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Fey, Nicholas

Club: Schwedelbach
Number: 49

Course: 100.00 km
Thüringen Ultra

Category:
Männer M20

Total time: 14:30:45

Speed: 6.89 km/h
Running performance: 8:43 min/km

Rank in course/Total: 143 (of 187)

Rank in course/Men: 127 (of 163)

Best time in course: 8:09:36

Rank in category: 6(of 8)

Best time in the category: 9:37:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:59:48	7:30	7	56:21	118	1:05:11	23.96	2:59:48	7:30	7	45:32	134	45:32
Floh-Seligenthal	26.92	3:19:24	7:24	5	58:11	118	1:16:10	50.88	6:19:12	7:27	7	53:12	134	53:12
Finsterbergen	24.12	3:36:51	8:59	5	1:08:00	112	1:31:47	75.00	9:56:03	7:56	6	3:02:32	129	3:51:15
Fröttstädt	24.83	4:34:42	11:03	8	2:42:57	142	2:42:57	100.00	14:30:45	8:42	7	7:13:00	131	7:13:00