



3. Thüringen ULTRA

Fröttstädt / 04.07.2009

Detailed evaluation

Nickl, Bill

Club: Fläming Trailers
Number: 165

Course: 100.00 km
Thüringen Ultra

Category:
Männer M55

Total time: 15:35:51

Speed: 6.41 km/h
Running performance: 9:22 min/km

Rank in course/Total: 156 (of 187)

Rank in course/Men: 137 (of 163)

Best time in course: 8:09:36

Rank in category: 14(of 15)

Best time in the category: 10:31:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Ruhlaer Skihütte	23.96	3:19:12	8:18	13	47:00	151	1:24:35	23.96	3:19:12	8:18	14	47:00	144	1:04:56				
Floh-Seligenthal	26.92	3:50:57	8:34	14	1:03:12	147	1:47:43	50.88	7:10:09	8:27	14	1:50:12	144	1:44:09				
Finsterbergen	24.12	4:13:23	10:30	14	1:41:38	141	2:08:19	75.00	11:23:32	9:06	14	3:31:50	139	5:18:44				
Fröttstädt	24.83	4:12:19	10:09	13	1:32:53	132	2:20:34	100.00	15:35:51	9:21	14	5:04:43	141	8:18:06				