



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Badtke, Irene

Club: LG Wilhelmshaven
Number: 159

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W65

Total time: 15:46:14

Speed: 6.34 km/h
Running performance: 9:28 min/km

Rank in course/Total: 159 (of 187)

Rank in course/Women: 20 (of 24)

Best time in course: 10:20:30

Rank in category: 2(of 2)

Best time in the category: 13:50:22

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Ruhlaer Skihütte	23.96	3:27:58	8:40	2	10:19	23	59:59	23.96	3:27:58	8:40	2	10:19	6	20:13
Floh-Seligenthal	26.92	3:49:33	8:31	2	16:29	20	1:10:53	50.88	7:17:31	8:35	2	26:48	6	46:08
Finsterbergen	24.12	4:16:47	10:38	2	45:34	19	1:44:12	75.00	11:34:18	9:15	2	1:12:22	5	1:24:48
Fröttstädt	24.83	4:11:56	10:08	2	43:30	18	1:30:40	100.00	15:46:14	9:27	2	1:55:52	20	5:25:44