



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

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Club: Arnstadt  
Number: 144

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Rank in course/Total: DSQ (of 187)

Rank in course/Men: DSQ (of 163)

Best time in course: 8:09:36

Rank in category: DSQ(of 27)

Best time in the category: 8:09:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:06:05	7:45	25	1:11:28	136	1:11:28	23.96	3:06:05	7:45	3	13:43	158	51:49
Floh-Seligenthal	26.92	3:35:52	8:01	24	1:32:38	135	1:32:38	50.88	6:41:57	7:53	3	50:55	158	1:15:57
Finsterbergen	24.12	6:59:49	17:24	25	4:54:45	155	4:54:45	75.00	13:41:46	10:57	2	4:50:25	153	7:36:58
Fröttstädt	24.83	4:28:14	10:48	24	2:23:26	138	2:36:29	100.00	-	-	-	-	-	-