



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

Matthys, Michel

Club: Rennsteiglaufverein  
Number: 89

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M45

Rank in course/Total: DSQ (of 187)

Rank in course/Men: DSQ (of 163)

Best time in course: 8:09:36

Rank in category: DSQ(of 45)

Best time in the category: 8:43:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:37:18	9:04	45	1:38:45	161	1:42:41	23.96	3:37:18	9:04	22	36:13	160	1:23:02
Floh-Seligenthal	26.92	4:53:15	10:53	45	2:39:20	162	2:50:01	50.88	8:30:33	10:02	22	1:53:18	160	3:04:33
Finsterbergen	24.12	5:11:13	12:54	42	2:59:24	154	3:06:09	75.00	13:41:46	10:57	21	3:26:32	153	7:36:58
Fröttstädt	24.83	4:28:14	10:48	38	2:13:56	138	2:36:29	100.00	-	-	-	-	-	-