



3. Thüringen ULTRA

Fröttstädt / 04.07.2009

Detailed evaluation

Dreilich, André

Club: LC Auensee Leipzig
Number: 130

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 10:17:50

Speed: 9.71 km/h
Running performance: 6:11 min/km

Rank in course/Total: 15 (of 187)

Rank in course/Men: 15 (of 163)

Best time in course: 8:09:36

Rank in category: 6(of 45)

Best time in the category: 8:43:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:24:02	6:00	9	25:29	27	29:25	23.96	2:24:02	6:00	31		19	9:46
Floh-Seligenthal	26.92	2:40:29	5:57	10	26:34	28	37:15	50.88	5:04:31	5:59	31		19	
Finsterbergen	24.12	2:33:33	6:21	4	21:44	11	28:29	75.00	7:38:04	6:06	28		16	1:33:16
Fröttstädt	24.83	2:39:46	6:26	5	25:28	14	48:01	100.00	10:17:50	6:10	7	1:34:20	19	3:00:05