



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Barthel, Mike

Club: SV Kyffhäuser
Number: 58

Course: 100.00 km
Thüringen Ultra

Category:
Männer M35

Total time: 11:27:05

Speed: 8.73 km/h
Running performance: 6:52 min/km

Rank in course/Total: 39 (of 187)

Rank in course/Men: 37 (of 163)

Best time in course: 8:09:36

Rank in category: 8(of 19)

Best time in the category: 9:20:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:23:42	5:59	7	18:47	26	29:05	23.96	2:23:42	5:59	12		41	9:26
Floh-Seligenthal	26.92	2:30:20	5:35	3	7:09	16	27:06	50.88	4:54:02	5:46	12		41	
Finsterbergen	24.12	3:37:14	9:00	15	1:14:25	113	1:32:10	75.00	8:31:16	6:49	12		38	2:26:28
Fröttstädt	24.83	2:55:49	7:04	5	32:26	26	1:04:04	100.00	11:27:05	6:52	9	3:57:28	40	4:09:20