



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Frey, Peter

Club: Weissendorfer Weidatalwiesel
Number: 103

Course: 100.00 km
Thüringen Ultra

Category:
Männer M40

Total time: 12:09:35

Speed: 8.22 km/h
Running performance: 7:18 min/km

Rank in course/Total: 61 (of 187)

Rank in course/Men: 57 (of 163)

Best time in course: 8:09:36

Rank in category: 15(of 27)

Best time in the category: 8:09:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:32:09	6:21	12	37:32	44	37:32	23.96	2:32:09	6:21	13		64	17:53
Floh-Seligenthal	26.92	2:50:30	6:20	11	47:16	50	47:16	50.88	5:22:39	6:20	13		64	
Finsterbergen	24.12	3:14:52	8:04	16	1:09:48	71	1:09:48	75.00	8:37:31	6:54	12		59	2:32:43
Fröttstädt	24.83	3:32:04	8:32	17	1:27:16	83	1:40:19	100.00	12:09:35	7:17	15	3:59:59	61	4:51:50