



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Mücke, Edgar

Club: LG Eckental
Number: 179

Course: 100.00 km
Thüringen Ultra

Category:
Männer M55

Total time: 12:17:03

Speed: 8.14 km/h
Running performance: 7:22 min/km

Rank in course/Total: 64 (of 187)

Rank in course/Men: 60 (of 163)

Best time in course: 8:09:36

Rank in category: 3(of 15)

Best time in the category: 10:31:08

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:41:12	6:43	3	9:00	68	46:35	23.96	2:41:12	6:43	3	9:00	67	26:56
Floh-Seligenthal	26.92	2:57:01	6:34	4	9:16	61	53:47	50.88	5:38:13	6:38	3	18:16	67	12:13
Finsterbergen	24.12	3:21:03	8:20	7	49:18	81	1:15:59	75.00	8:59:16	7:11	3	1:07:34	62	2:54:28
Fröttstädt	24.83	3:17:47	7:57	4	38:21	63	1:26:02	100.00	12:17:03	7:22	3	1:45:55	64	4:59:18