



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Genz, Peter

Club: 100 Marathon Club
Number: 79

Course: 100.00 km
Thüringen Ultra

Category:
Männer M55

Total time: 12:26:14

Speed: 8.04 km/h
Running performance: 7:28 min/km

Rank in course/Total: 73 (of 187)

Rank in course/Men: 69 (of 163)

Best time in course: 8:09:36

Rank in category: 5(of 15)

Best time in the category: 10:31:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:57:08	7:23	8	24:56	108	1:02:31	23.96	2:57:08	7:23	5	24:56	76	42:52
Floh-Seligenthal	26.92	3:04:34	6:51	6	16:49	80	1:01:20	50.88	6:01:42	7:06	5	41:45	76	35:42
Finsterbergen	24.12	2:59:47	7:27	2	28:02	50	54:43	75.00	9:01:29	7:13	5	1:09:47	71	2:56:41
Fröttstädt	24.83	3:24:45	8:14	6	45:19	73	1:33:00	100.00	12:26:14	7:27	5	1:55:06	73	5:08:29