



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Fiebelkorn, Michael

Club: Leipzig
Number: 138

Course: 100.00 km
Thüringen Ultra

Category:
Männer M30

Total time: 12:27:14

Speed: 8.03 km/h
Running performance: 7:28 min/km

Rank in course/Total: 74 (of 187)

Rank in course/Men: 70 (of 163)

Best time in course: 8:09:36

Rank in category: 3(of 8)

Best time in the category: 10:13:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:49:22	7:04	6	53:45	88	54:45	23.96	2:49:22	7:04	5	53:45	77	35:06
Floh-Seligenthal	26.92	2:49:03	6:16	5	42:52	46	45:49	50.88	5:38:25	6:39	5	1:36:37	77	12:25
Finsterbergen	24.12	2:52:14	7:08	3	24:29	31	47:10	75.00	8:30:39	6:48	4	43:01	72	2:25:51
Fröttstädt	24.83	3:56:35	9:31	6	1:30:37	123	2:04:50	100.00	12:27:14	7:28	4	3:33:30	74	5:09:29