



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Dorner, Jens

Club: Greiz
Number: 193

Course: 100.00 km
Thüringen Ultra

Category:
Männer M20

Total time: 12:35:22

Speed: 7.94 km/h
Running performance: 7:33 min/km

Rank in course/Total: 77 (of 187)

Rank in course/Men: 73 (of 163)

Best time in course: 8:09:36

Rank in category: 2(of 8)

Best time in the category: 9:37:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:50:20	7:06	5	46:53	91	55:43	23.96	2:50:20	7:06	3	36:04	80	36:04
Floh-Seligenthal	26.92	3:18:22	7:22	4	57:09	116	1:15:08	50.88	6:08:42	7:14	3	42:42	80	42:42
Finsterbergen	24.12	3:17:47	8:11	2	48:56	77	1:12:43	75.00	9:26:29	7:33	2	2:32:58	75	3:21:41
Fröttstädt	24.83	3:08:53	7:36	3	1:17:08	45	1:17:08	100.00	12:35:22	7:33	3	5:17:37	77	5:17:37