



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

Beutel, Frank

Club: Würzburg  
Number: 35

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 12:37:45

Speed: 7.92 km/h  
Running performance: 7:35 min/km

Rank in course/Total: 80 (of 187)

Rank in course/Men: 76 (of 163)

Best time in course: 8:09:36

Rank in category: 13(of 29)

Best time in the category: 10:43:56

Intermediate times

Stage score

Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                  |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Ruhlaer Skihütte | 23.96       | 2:40:07       | 6:40            | 9           | 25:49          | 64          | 45:30         | 23.96         | 2:40:07       | 6:40            | 18          |                | 83         | 25:51         |
| Floh-Seligenthal | 26.92       | 3:04:26       | 6:51            | 12          | 30:30          | 79          | 1:01:12       | 50.88         | 5:44:33       | 6:46            | 18          |                | 83         | 18:33         |
| Finsterbergen    | 24.12       | 3:22:34       | 8:23            | 16          | 32:54          | 87          | 1:17:30       | 75.00         | 9:07:07       | 7:17            | 18          |                | 78         | 3:02:19       |
| Fröttstädt       | 24.83       | 3:30:38       | 8:28            | 14          | 47:48          | 78          | 1:38:53       | 100.00        | 12:37:45      | 7:34            | 13          | 1:53:49        | 80         | 5:20:00       |