



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Beutel, Frank

Club: Würzburg
Number: 35

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 12:37:45

Speed: 7.92 km/h
Running performance: 7:35 min/km

Rank in course/Total: 80 (of 187)

Rank in course/Men: 76 (of 163)

Best time in course: 8:09:36

Rank in category: 13(of 29)

Best time in the category: 10:43:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:40:07	6:40	9	25:49	64	45:30	23.96	2:40:07	6:40	18		83	25:51
Floh-Seligenthal	26.92	3:04:26	6:51	12	30:30	79	1:01:12	50.88	5:44:33	6:46	18		83	18:33
Finsterbergen	24.12	3:22:34	8:23	16	32:54	87	1:17:30	75.00	9:07:07	7:17	18		78	3:02:19
Fröttstädt	24.83	3:30:38	8:28	14	47:48	78	1:38:53	100.00	12:37:45	7:34	13	1:53:49	80	5:20:00