



3. Thüringen ULTRA

Fröttstädt / 04.07.2009

Detailed evaluation

Hintsch, Thorsten

Club: Fellbach
Number: 142

Course: 100.00 km
Thüringen Ultra

Category:
Männer M35

Total time: 12:39:56

Speed: 7.90 km/h
Running performance: 7:36 min/km

Rank in course/Total: 84 (of 187)

Rank in course/Men: 80 (of 163)

Best time in course: 8:09:36

Rank in category: 11(of 19)

Best time in the category: 9:20:18

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Ruhlaer Skihütte	23.96	2:18:24	5:46	3	13:29	20	23:47	23.96	2:18:24	5:46	9		87	4:08
Floh-Seligenthal	26.92	2:59:11	6:39	10	36:00	69	55:57	50.88	5:17:35	6:14	9		87	
Finsterbergen	24.12	3:29:20	8:40	12	1:06:31	100	1:24:16	75.00	8:46:55	7:01	9	1:33	82	2:42:07
Fröttstädt	24.83	3:53:01	9:23	15	1:29:38	120	2:01:16	100.00	12:39:56	7:35	12	5:10:19	84	5:22:11