



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Roth, Wolfgang

Club: Mühltaaufverein
Number: 69

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 12:45:18

Speed: 7.84 km/h
Running performance: 7:39 min/km

Rank in course/Total: 89 (of 187)

Rank in course/Men: 83 (of 163)

Best time in course: 8:09:36

Rank in category: 15(of 29)

Best time in the category: 10:43:56

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|---------|--------|----------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Ruhlaer Skihütte | 23.96 | 2:46:34 | 6:57 | 14 | 32:16 | 81 | 51:57 | 23.96 | 2:46:34 | 6:57 | 1 | - | 90 | 32:18 |
| Floh-Seligenthal | 26.92 | 3:07:25 | 6:57 | 14 | 33:29 | 86 | 1:04:11 | 50.88 | 5:53:59 | 6:57 | 1 | - | 90 | 27:59 |
| Finsterbergen | 24.12 | 3:14:45 | 8:04 | 12 | 25:05 | 70 | 1:09:41 | 75.00 | 9:08:44 | 7:18 | 1 | - | 85 | 3:03:56 |
| Fröttstädt | 24.83 | 3:36:34 | 8:43 | 17 | 53:44 | 93 | 1:44:49 | 100.00 | 12:45:18 | 7:39 | 15 | 2:01:22 | 87 | 5:27:33 |