



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Häußer, Andreas

Club: WF Großsaitingen
Number: 68

Course: 100.00 km
Thüringen Ultra

Category:
Männer M35

Total time: 12:46:24

Speed: 7.83 km/h
Running performance: 7:40 min/km

Rank in course/Total: 91 (of 187)

Rank in course/Men: 85 (of 163)

Best time in course: 8:09:36

Rank in category: 12(of 19)

Best time in the category: 9:20:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:40:10	6:41	11	35:15	65	45:33	23.96	2:40:10	6:41	8		92	25:54
Floh-Seligenthal	26.92	3:00:42	6:42	11	37:31	73	57:28	50.88	5:40:52	6:41	8		92	14:52
Finsterbergen	24.12	3:30:26	8:43	13	1:07:37	104	1:25:22	75.00	9:11:18	7:21	8	25:56	87	3:06:30
Fröttstädt	24.83	3:35:06	8:39	12	1:11:43	89	1:43:21	100.00	12:46:24	7:39	13	5:16:47	89	5:28:39