



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

Die Otternasen

Number: 313

Course: 100.00 km

Staffel 2x50 km

Category:

Männerstaffel

Total time: 10:07:25

Speed: 9.88 km/h

Running performance: 6:04 min/km

Rank in course: 14 (of 24)

Best time in course: 8:27:57

Rank in category: 8(of 13)

Best time in the category: 8:27:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	5:07:48	6:02	9	46:34	15	46:34	50.88	5:07:48	6:02	8	46:34	12	18:22
Fröttstädt	49.12	4:59:37	6:05	7	52:54	12	52:54	100.00	10:07:25	6:04	8	1:39:28	14	1:39:28