



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Flinke Hirsche Friedrichroda

Total time: 10:37:17

Number: 311

Speed: 9.41 km/h

Running performance: 6:22 min/km

Course: 100.00 km

Staffel 2x50 km

Rank in course: 15 (of 24)

Best time in course: 8:27:57

Category:

Rank in category: 9(of 13)

Männerstaffel

Best time in the category: 8:27:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	5:13:11	6:09	10	51:57	16	51:57	50.88	5:13:11	6:09	9	51:57	11	23:45
Fröttstädt	49.12	5:24:06	6:35	9	1:17:23	16	1:17:23	100.00	10:37:17	6:22	9	2:09:20	15	2:09:20