



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Thüringer Doppel

Number: 321

Course: 100.00 km

Staffel 2x50 km

Category:

Männerstaffel

Total time: 11:06:48

Speed: 9.00 km/h

Running performance: 6:40 min/km

Rank in course: 17 (of 24)

Best time in course: 8:27:57

Rank in category: 10(of 13)

Best time in the category: 8:27:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	4:56:28	5:49	7	35:14	12	35:14	50.88	4:56:28	5:49	10	35:14	9	7:02
Fröttstädt	49.12	6:10:20	7:32	13	2:03:37	22	2:03:37	100.00	11:06:48	6:40	10	2:38:51	17	2:38:51