



3. Thüringen ULTRA  
Fröttstädt / 04.07.2009

Detailed evaluation

SV Mihla Staffelteam 1.1

Number: 325

Course: 100.00 km

Staffel 2x50 km

Category:

Mixstaffel

Total time: 9:00:22

Speed: 11.10 km/h

Running performance: 5:24 min/km

Rank in course: 2 (of 24)

Best time in course: 8:27:57

Rank in category: 1(of 10)

Best time in the category: 9:00:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	4:53:36	5:46	3	5:38	9	32:22	50.88	4:53:36	5:46	1	-	24	4:10
Fröttstädt	49.12	4:06:46	5:01	1	-	2	0:03	100.00	9:00:22	5:24	1	-	2	32:25