



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Von den Junkies zum Ultra getrieben Total time: 12:45:32

Number: 324

Speed: 7.84 km/h

Running performance: 7:40 min/km

Course: 100.00 km

Staffel 2x50 km

Rank in course: 22 (of 24)

Best time in course: 8:27:57

Category:

Rank in category: 8(of 10)

Mixstaffel

Best time in the category: 9:00:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	6:30:11	7:40	9	1:42:13	23	2:08:57	50.88	6:30:11	7:40	8	1:36:35	4	1:40:45
Fröttstädt	49.12	6:15:21	7:38	9	2:08:35	23	2:08:38	100.00	12:45:32	7:39	8	3:45:10	22	4:17:35