



3. Thüringen ULTRA
Fröttstädt / 04.07.2009

Detailed evaluation

Running old Turtles

Number: 309

Course: 100.00 km

Staffel 2x50 km

Category:

Mixstaffel

Total time: 13:10:28

Speed: 7.59 km/h

Running performance: 7:54 min/km

Rank in course: 23 (of 24)

Best time in course: 8:27:57

Rank in category: 9(of 10)

Best time in the category: 9:00:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	7:23:59	8:43	10	2:36:01	24	3:02:45	50.88	7:23:59	8:43	9	2:30:23	3	2:34:33
Fröttstädt	49.12	5:46:29	7:03	8	1:39:43	19	1:39:46	100.00	13:10:28	7:54	9	4:10:06	23	4:42:31