



# XXIII. Ohra-Talsperrenlauf-Nordic Walking

Luisenthal / 26.07.2009

## Detailed evaluation

Lösche, Beate

Club: Dayfit Gotha

Number: 35

Course: 10.92 km

Walking/Nordic-Walking

Total time: 1:42:43

Speed: 6.38 km/h

metres in height up: 455

Course score: 16.83

performance score: 113 Points

## Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:29	00:00	00:00
Finsterbacher Pirschhaus	5.1	5.1	10:20	00:51	00:51
Finish	10.9	5.9	11:12	01:42	00:51