



XXIII. Ohra-Talsperrenlauf-Nordic Walking

Luisenthal / 26.07.2009

Detailed evaluation

Holland-Letz, Uschi

Club: Walker Gruppe Schmalkalden

Number: 54

Course: 10.92 km

Walking/Nordic-Walking

Total time: 1:59:36

Speed: 5.48 km/h

metres in height up: 455

Course score: 16.83

performance score: 97 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:29	00:00	00:00
Finsterbacher Pirschhaus	5.1	5.1	10:26	00:57	00:57
Finish	10.9	5.9	11:28	01:59	01:01