



XXIII. Ohra-Talsperrenlauf-Nordic Walking

Luisenthal / 26.07.2009

Detailed evaluation

Andreas, Menge

Club: NW Team Luisenthal

Number: 42904

Course: 21.06 km

Walking/Nordic-Walking

Total time: 2:56:32

Speed: 7.14 km/h

metres in height up: 794

Course score: 32.91

performance score: 236 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:29	00:00	00:00
Finsterbacher Pirschhaus	5.1	5.1	10:14	00:45	00:45
Talsperre	12.3	7.3	11:12	01:43	00:58
Finsterbacher Pirschhaus	15.8	3.5	11:43	02:14	00:30
Finish	21.1	5.3	12:25	02:56	00:42