



XXIII. Ohra-Talsperrenlauf-Nordic Walking

Luisenthal / 26.07.2009

Detailed evaluation

Bornkessel, Bodo

Club: Ort: Oberhof

Number: 66

Course: 10.92 km

Walking/Nordic-Walking

Total time: 3:21:42

Speed: 3.25 km/h

metres in height up: 455

Course score: 16.83

performance score: 58 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:29	00:00	00:00
Finsterbacher Pirschhaus	5.1	5.1	10:21	00:52	00:52
Finish	10.9	5.9	12:51	03:21	02:29