



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Team Grunwald & Sellenk

Total time: 1:08:16

Speed: 21.97 km/h

Number: 338

Course: 25.50 km

Rank in course/Total: 4 (of 12)

Triathlonstaffel

Rank in course/Total: 4 (of 12)

Best time in course: 1:02:15

Category:

Rank in category: 4(of 12)

Triathlon-Staffel

Best time in the category: 1:02:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.50	10:18	0.00	5	1:54	5	1:54	0.50	10:18	0.00	4	0:18	4	0:18
Rad	20.00	34:09	35.14	1	-	1	-	20.50	44:27	27.00	4		4	
Lauf	5.00	23:49	12.60	6	11:34	6	11:34	25.50	1:08:16	21.97	4	6:01	4	6:01