



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Helwig´s Banächen

Total time: 1:20:16

Speed: 19.06 km/h

Number: 342

Course: 25.50 km

Rank in course/Total: 7 (of 12)

Triathlonstaffel

Rank in course/Total: 7 (of 12)

Best time in course: 1:02:15

Category:

Rank in category: 7(of 12)

Triathlon-Staffel

Best time in the category: 1:02:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Total	Total	km	Time	km/h	Cat.	Cat.	Total	Total
Schwimmen	0.50	10:55	2.75	6	2:31	6	2:31	0.50	10:55	2.75	7	0:55	7	0:55
Rad	20.00	46:33	25.78	10	12:24	10	12:24	20.50	57:28	21.40	7	7:28	7	7:28
Lauf	5.00	22:48	13.16	5	10:33	5	10:33	25.50	1:20:16	19.06	7	18:01	7	18:01