



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Balß, Manfred

Total time: 1:19:47

Club: Lautertal

Number: 124

Course: 25.50 km

Rank in course/Total: 179 (of 322)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 151 (of 240)

Best time in course: 57:33

Category:

Rank in category: 22(of 38)

Senioren 1 (TM 40-44)

Best time in the category: 57:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	54:52	21.87	24	17:24	123	19:03	20.50	54:52	21.87	28	2:37	135	7:15
Lauf	5.00	24:55	12.04	14	5:32	73	5:32	25.50	1:19:47	18.80	22	22:14	151	22:14