



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Raith, Wolfgang

Club: Friedrichsdorf

Number: 190

Course: 25.50 km

Lorsche Triathlon 0,5-20-5

Category:

Senioren 3 (TM 50-54)

Total time: 1:27:49

Rank in course/Total: 266 (of 322)

Rank in course/Men: 208 (of 240)

Best time in course: 57:33

Rank in category: 16(of 19)

Best time in the category: 1:05:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	9:36	0.00	1	-	30	2:01	0.50	9:36	0.00	13	-	155	0:51
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:18:13	3.84	17	56:05	222	58:50	25.50	1:27:49	17.08	16	22:33	208	30:16