



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Kehr, Dr. Henning

Total time: 1:15:32

Club: TSV Alsbach

Number: 223

Course: 25.50 km

Rank in course/Total: 121 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 111 (of 240)

Best time in course: 57:33

Category:

Rank in category: 11(of 19)

Senioren 3 (TM 50-54)

Best time in the category: 1:05:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:21	0.00	7	1:45	80	3:46	0.50	11:21	0.00	13	0:24	155	2:36
Rad	20.00	41:02	29.24	2	3:43	41	5:13	20.50	52:23	22.91	9	4:52	135	4:46
Lauf	5.00	23:09	12.96	3	1:01	38	3:46	25.50	1:15:32	19.86	11	10:16	111	17:59