



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Team Grunwald & Sellenk

Total time: 1:08:16

Club: Frankfurt

Number: 338

Course: 25.50 km

Rank in course/Total: 4 (of 12)

Triathlonstaffel

Rank in course/Total: 4 (of 12)

Best time in course: 1:02:15

Category:

Rank in category: 4(of 12)

Triathlon-Staffel

Best time in the category: 1:02:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
|-----------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|
| | | | | | | | | | | | | | | |
| Schwimmen | 0.50 | 10:18 | 0.00 | 5 | 1:54 | 5 | 1:54 | 0.50 | 10:18 | 0.00 | 4 | 0:18 | 4 | 0:18 |
| Rad | 20.00 | 34:09 | 35.14 | 1 | - | 1 | - | 20.50 | 44:27 | 27.00 | 4 | | 4 | |
| Lauf | 5.00 | 23:49 | 12.60 | 6 | 11:34 | 6 | 11:34 | 25.50 | 1:08:16 | 21.97 | 4 | 6:01 | 4 | 6:01 |