



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

From Dusk till Dawn

Club: Lampertheim-Hofheim

Number: 348

Course: 25.50 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:11:22

Rank in course/Total: 5 (of 12)

Rank in course/Total: 5 (of 12)

Best time in course: 1:02:15

Rank in category: 5(of 12)

Best time in the category: 1:02:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen	0.50	11:04	2.71	7	2:40	7	2:40	0.50	11:04	2.71	5	1:04	5	1:04	
Rad	20.00	40:23	29.72	5	6:14	5	6:14	20.50	51:27	23.91	5	1:27	5	1:27	
Lauf	5.00	19:55	15.06	3	7:40	3	7:40	25.50	1:11:22	21.44	5	9:07	5	9:07	