



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Gratz, Hans-Jürgen

Club: TSV Ober Erlenbach

Number: 356

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 7 (TM 70-74)

Total time: 1:43:41

Rank in course/Total: 320 (of 322)

Rank in course/Men: 240 (of 240)

Best time in course: 57:33

Rank in category: 2(of 2)

Best time in the category: 1:26:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	15:18	0.00	1	-	147	7:43	0.50	15:18	0.00	1	-	155	6:33
Rad	20.00	54:55	21.85	1	-	124	19:06	20.50	1:10:13	17.09	3	10:44	135	22:36
Lauf	5.00	33:28	8.96	2	6:43	128	14:05	25.50	1:43:41	14.47	2	17:27	240	46:08